

Sun Run 2025 - Event Shuttle Bus Timetable

FINAL

Ingress to Dee Why

WYNYARD TO DEE WHY (2SR)									
Wynyard Stand B *B-Line (B1) commences at 5:25 and runs every 15min	5:10	5:20		5:30					
Neutral Bay (Big Bear)	5:19	5:29		5:39					
Neutral Bay Junction	5:20	5:30		5:40					
Spit Junction	5:26	5:36		5:46					
Balgowlah Shops – Sydney Rd near Condamine St	5:35	5:45	5:50	5:55	06:05	06:15			
Manly Vale (Kenneth Rd)	5:39	5:49	5:54	5:59	06:09	06:19			
Warringah Mall – Pittwater Rd Stand D	5:42	5:52	5:57	6:02	06:12	06:22			
Dee Why Main (Pittwater Rd)	5:48	5:58	6:03	6:08	06:18	06:28			

MANLY TO DEE WHY (1SR)										
Manly Wharf Stand E (Gilbert Park)	5:20	5:30	5:35	5:40	5:50	6:05	6:10	6:20	6:25	6:30
Warringah Mall – Pittwater Rd Stand D	5:32	5:42	5:47	5:52	6:02	6:17	6:22	6:32	6:37	6:42
Dee Why Main (Pittwater Rd)	5:38	5:48	5:53	5:58	6:08	6:23	6:28	6:38	6:43	6:48
Manly Wharf Stand E (Gilbert Park)	6:35	6:40	6:45	6:50						
Warringah Mall – Pittwater Rd Stand D	6:47	6:52	6:57	7:02						
Dee Why Main (Pittwater Rd)	6:53	6:58	7:03	7:08						

^{*}Free special event shuttle bus services will run from Wynyard, Balgowlah and Manly, making limited stops to help get participants to the start line in Dee Why. Participants must show their bib for access to the free event shuttle bus, including B1 services.



Egress from Manly

			DEE WHY RE	TURN (1SR)				
7:30	7:40	7:45	7:50	7:55	8:00	8:05	8:10	8:15
7:42	7:52	7:57	8:02	8:07	8:13	8:18	8:23	8:28
7:48	7:58	8:03	8:09	8:14	8:20	8:25	8:30	8:35
8:20	8:25	8:30	8:40	8:45	8:50	8:55	9:00	9:05
8:33	8:38	8:43	8:53	8:58	9:03	9:08	9:13	9:18
8:40	8:45	8:50	9:00	9:05	9:10	9:15	9:20	9:25
9:10	9:15	9:20	9:30	9:35	9:40	9:45	9:50	10:00
9:23	9:18	9:33	9:43	9:48	9:53	9:48	10:03	10:13
9:30	9:35	9:40	9:50	9:55	10:00	10:05	10:10	10:20
10:10	10:20	10:30						
10:23	10:33	10:43						
10:30	10:40	10:50						
	7:42 7:48 8:20 8:33 8:40 9:10 9:23 9:30 10:10 10:23	7:42 7:52 7:48 7:58 8:20 8:25 8:33 8:38 8:40 8:45 9:10 9:15 9:23 9:18 9:30 9:35 10:10 10:20 10:23 10:33	7:42 7:52 7:57 7:48 7:58 8:03 8:20 8:25 8:30 8:33 8:38 8:43 8:40 8:45 8:50 9:10 9:15 9:20 9:23 9:18 9:33 9:30 9:35 9:40 10:10 10:20 10:30 10:23 10:33 10:43	7:30 7:40 7:45 7:50 7:42 7:52 7:57 8:02 7:48 7:58 8:03 8:09 8:20 8:25 8:30 8:40 8:33 8:38 8:43 8:53 8:40 8:45 8:50 9:00 9:10 9:15 9:20 9:30 9:23 9:18 9:33 9:43 9:30 9:35 9:40 9:50 10:10 10:20 10:30 10:23 10:33 10:43	7:42 7:52 7:57 8:02 8:07 7:48 7:58 8:03 8:09 8:14 8:20 8:25 8:30 8:40 8:45 8:33 8:38 8:43 8:53 8:58 8:40 8:45 8:50 9:00 9:05 9:10 9:15 9:20 9:30 9:35 9:23 9:18 9:33 9:43 9:48 9:30 9:35 9:40 9:50 9:55 10:10 10:20 10:30 10:43	7:30 7:40 7:45 7:50 7:55 8:00 7:42 7:52 7:57 8:02 8:07 8:13 7:48 7:58 8:03 8:09 8:14 8:20 8:20 8:25 8:30 8:40 8:45 8:50 8:33 8:38 8:43 8:53 8:58 9:03 8:40 8:45 8:50 9:00 9:05 9:10 9:10 9:15 9:20 9:30 9:35 9:40 9:23 9:18 9:33 9:43 9:48 9:53 9:30 9:35 9:40 9:50 9:55 10:00 10:10 10:20 10:30 10:43 10:23 10:33 10:43	7:30 7:40 7:45 7:50 7:55 8:00 8:05 7:42 7:52 7:57 8:02 8:07 8:13 8:18 7:48 7:58 8:03 8:09 8:14 8:20 8:25 8:20 8:25 8:30 8:40 8:45 8:50 8:55 8:33 8:38 8:43 8:53 8:58 9:03 9:08 8:40 8:45 8:50 9:00 9:05 9:10 9:15 9:10 9:15 9:20 9:30 9:35 9:40 9:45 9:23 9:18 9:33 9:43 9:48 9:53 9:48 9:30 9:35 9:40 9:50 9:55 10:00 10:05 10:10 10:20 10:30 10:43 10:43 10:43 10:43 10:43 10:43 10:43 10:43 10:43 10:43 10:43 10:43 10:43 10:43 10:43 10:43 10:43 10:4	7:30 7:40 7:45 7:50 7:55 8:00 8:05 8:10 7:42 7:52 7:57 8:02 8:07 8:13 8:18 8:23 7:48 7:58 8:03 8:09 8:14 8:20 8:25 8:30 8:20 8:25 8:30 8:40 8:45 8:50 8:55 9:00 8:33 8:38 8:43 8:53 8:58 9:03 9:08 9:13 8:40 8:45 8:50 9:00 9:05 9:10 9:15 9:20 9:10 9:15 9:20 9:30 9:35 9:40 9:45 9:50 9:23 9:18 9:33 9:43 9:48 9:53 9:48 10:03 9:30 9:35 9:40 9:50 9:55 10:00 10:05 10:10 10:10 10:23 10:33 10:43 10:43 10:00 10:05 10:00

WYNYARD RETURN (2SR) *Participants are encouraged to use the Event Shuttle bus to Warringah Mall to catch the B-Line (B1) which runs every 10mins to Wynyard								
Manly Wharf Stand E (Gilbert Park)	9:30							
Balgowlah Shops - Sydney Rd near Condamine St	9:42							
Spit Junction	9:48							
Neutral Bay Junction	9:54							
Neutral Bay – Watson Street	9:56							
Wynyard Stand C	10:02							

^{*}Free special event shuttle bus services will run from Manly to Warringah Mall, Dee Why and Wynyard making limited stops to help get participants home. Participants must show their bib for access to the free event shuttle bus, including B1 services.